





Living Miracles Activities Calendar March 2010



Sun	Mon 1-6pm	Tue 1-6pm	Wed 1-6pm	Thu 1-6pm	Fri 1-6pm	Sat
	1 1:30pm CALM Group 3:30pm Chess Club 	2 1:30 Writing Group: Poetry and Prose 3:30pm Indoor Walking	3 1:30 Cooking Group  3pm Tai Chi/ Yoga with Bill	4 1:30pm Social Skills: Assertiveness Skills	5 1:30pm Relationships Group 3:30pm Chess Club 4:30pm Talent Night	6
7	8 1:30pm CALM Group  3:30pm Chess Club	9 1:30-6pm Suicide Prevention and Support: Movie, Activities and Discussion	10 1:30pm Life Skills Group: Overeating 3pm Recovery from Alcohol and Drugs 	11 1:30pm Social Skills: Conflict Management Skills Part 1	12 1:30pm Relationships Group 3:30pm Chess Club 4:30pm BINGO Night	13
14	15 Closed for Staff In-Service Day	16 1:30 Writing Group: Creative Journaling 3:00 Indoor Walking	17 St. Patrick's Day Celebration! Trip to Ci Ci's and fun filled activities! Must sign up in advance; space is limited to most active members.	18 1:30pm Social Skills: Conflict Management Skills Part 2	19 1:30pm Relationships Group 3:30pm Chess Club 4:30 Game Night	20 1-4pm Jewelry Making *Must be asked by staff to attend
21	22 1:30pm CALM Group 3:30pm Chess Club 	23 1:30 Spring Craft Project! 3:30 Tai Chi	24 1:30pm Taking Control: Tips for Managing Illness and Taking Responsibility for Yourself	25 1:30pm Social Skills: Living Skills	26 1:30pm Relationships 4:00pm Movie Night 	27
28	29 1:30pm CALM Group 3:30pm Chess Club 4pm Membership meeting	30 1:30 Coping with Depression	31 1:30 – 5:30 Special Retreat: Moving Into the Future as a Group *lunch included!	The building is open Monday-Friday from 1-6PM. Peer Support Group meets at 4:30 PM every Monday through Thursday. New Member Orientation is held every Monday and Friday at 4pm.		